

UTAH ORGANIZATIONS AND AGENCIES TO HELP WITH COVID

COVID-19 TESTING LOCATIONS IN UTAH

- <https://coronavirus.utah.gov/testing-locations>

CRISIS / MENTAL HEALTH HOTLINES and RESOURCES

- Free COVID crisis counseling statewide hotline: 385-386-2289; 7 am – 7 pm; UtahStrong@Utah.gov
- Emotional Health Relief Hotline: 833-442-2211; Counseling offered in 19 languages
- Utah Crisis Line: 800-273-8255; Statewide
- 24/7 Disaster Distress Helpline: 800-985-5990; Text “TalkWithUs” to 66746
- 24/7 National Suicide Prevention Lifeline: 800-273-8255; www.suicidepreventionlifeline.org
- Intermountain Healthcare: 833-442-2211; Emotional support and interpreting services at IHC locations

COVID RESOURCE WEBSITES

- www.coronavirus.utah.gov/v/multilingual-resources; Utah resources in multiple languages
- www.extension.usu.edu/covid-19; Utah State University Extension COVID resources
- www.usu.edu/uatp/resources/covid-19; Utah Assistive Technology Program (UATP) COVID resources

OTHER RESOURCES

- Hotline for high risk individuals: 877-424-4640; M – F, 8 – 5; For possible grocery or medicine delivery, transportation to appointments, or help with other challenges that make it hard to keep yourself safe
- 2-1-1 or 211utah.org: Connect to mental health, substance use, emergency child care services, more
- <https://rentrelief.utah.gov/> The Utah Housing Program is offering financial help for eligible renters who are unable to pay their rent and utilities due to circumstances related to COVID-19
- 24/7 Utah Domestic Violence Link line: 800-897-5465; <https://www.udvc.org/>
- StrongHearts Native Helpline: 844-762-8483
- <https://uilc.org/en/resources/il-centers>: Information and services for people with disabilities (assistive technology, training, support groups, transportation, advocacy, recreation, and housing assistance)
- Utah Parent Center: 800-468-1160; <https://utahparentcenter.org>; Resources, training and support for parents of children with disabilities and other disability resources
- Utah Assistive Technology Program: www.uatp.usu.edu; offers help finding, using and affording devices that help people remain independent